



# Education Wellbeing Service Merton & Sutton Mental Health Support Team

## Referrals for 1:1 Guided Self-Help

Any new referrals your school would like to make should be sent via these forms.

**Both forms must be completed for a referral to be processed.**

Please review suitability against the referral criteria documents that have been previously shared with the school before referring a young person to our service.  
Book consultation with Vicky Muschietti-Piana if you are unsure of suitability.

### 1. Digital Referral Form

The referral form should be completed by the parent themselves wherever possible, or it can be done with support but must contain the voice of the parent in describing their problem.

Link: <https://forms.office.com/e/vWeecnfFLU>

QR Code:



### 2. School Information Form

This form is where school can put across their point of view and observations on the young person as well as provide us with necessary information to make a clinical judgement on suitability for the service.

**We must have the school information form to proceed the referral.**

This can be completed by the class teacher or another member of staff who knows the young person and family context well.

Link: <https://forms.office.com/e/3cyTLn0s98>

QR Code:

